



# PSVa Today

## 24HourDonationChallenge

August 11, 2015

### Quick Links

[PSVa Website](#)

[Donate](#)

[Contact PSVa](#)



### PSVa Mission

*Help new and expectant mothers and their families overcome anxiety, depression, and other perinatal mood and anxiety disorders (PMADs).*

### PSVa Vision

*Every childbearing woman in Virginia will receive information about perinatal mood and anxiety disorders (PMADs) and have access to help.*

To mark 10 years of providing **FREE** support groups,

PSVa is launching a

## 24HourDonationChallenge

Our goal is to raise \$10,000 in one day to secure a generous challenge gift of \$5,000

**WE CAN MEET THIS CHALLENGE ...**

**BUT WE NEED YOUR HELP!**

**DONATE on TUESDAY, AUGUST 11, 2015**

### HERE IS HOW YOUR DONATION WILL HELP

- \$25 helps a mom who calls or emails PSVa
- \$100 runs one support group meeting
- \$250 provides information to a doctor's office
- \$1,000 pays for a one-day volunteer training session
- \$2,500 provides a hospital with a year's worth of print material for new moms

Follow the 24HourDonationChallenge on [Facebook](#).

Hope and help for new mothers



[www.postpartumva.org](http://www.postpartumva.org)

**DONATE**

