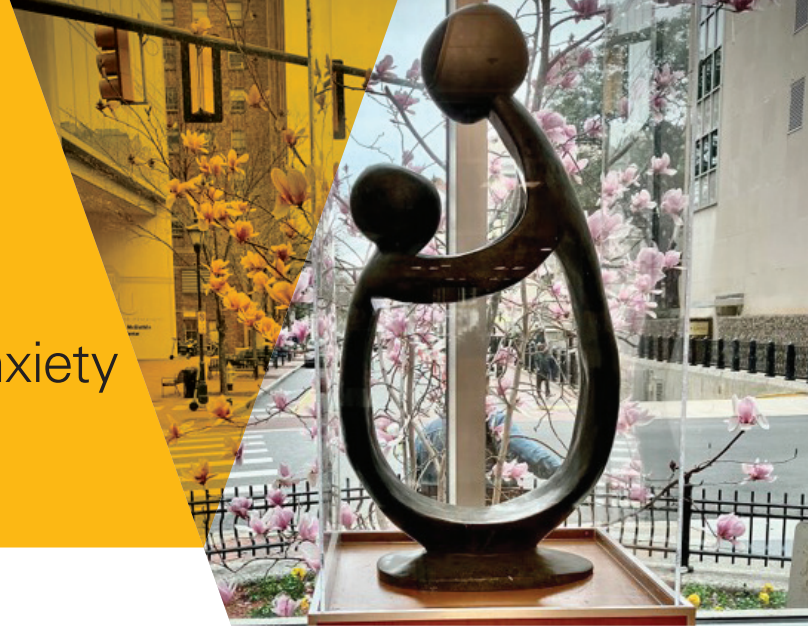


Getting Better Together

Postpartum Depression and Anxiety
Peer Support Group



In-Person / Zoom Hybrid

2nd Friday of each month
9:30 – 10:30 a.m.

VCU Health Hub at 25th

1330 N 25th Street, Suite A,
Richmond, VA 23223

Online Zoom Only

4th Tuesday of each month
4 – 5 p.m.

A link to the Zoom meeting
will be sent via email

You are not alone. You are not to blame. With help, you will be well.

Join Us! Please **scan the QR code** to register online or visit **vcuhealth.org/events**.



SCAN ME



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